

s the owner and medical director of Arcadia Wellness Center, Sarah Quinn, FNP-C has over 13 years of combined experience in both hospital and clinic settings that gives her a unique understanding of her clients' needs. She has extensive experience treating patients for weight loss, chronic pain and hormone imbalances, with cosmetic and aesthetic enhancements being a part of her practice for over a decade.

An Arizona native, Sarah has always been interested in health and wellness. With a strong desire to deliver a higher level of personalized care to patients, she was inspired to launch Arcadia Wellness Center. "At Arcadia, each patient is unique with unique concerns. Therefore, we focus on health and beauty from the inside out to help people feel and look their best."

Arcadia Wellness Center is the area's premier wellness and aesthetics practice, named a Phoenix Best Wellness Center for 2019. They are well-known in the community for superior quality and the

highest standards of personal care. Sarah and her team are experts in aesthetics and wellness medicine, customizing treatments to satisfy patients' needs and inspire confidence. "I treat every patient like they are my most important patient," she says.

Sarah was named in the Phoenix Business Journal 40 Under 40. She gives back by volunteering as a mentor to nurse practitioners and by donating services for auction at charity events. Additionally, she is active in the community as a Girl Scout troop leader, serving on the school PTA board, and also shares the gift of volunteer work with her three kids.

Arcadia Wellness Center is at the forefront of new procedures. The practice is always expanding and improving their offerings and patient experience to help people look and feel the best versions of themselves. To help with that, Arcadia Wellness Center now offers new devices to help men and women rejuvenate their hair and hormone replacement therapy,

along with advanced dermal filler and injection services, weight loss services, and non-surgical facelift options. In fact, the PDO Thread Lift can give the skin on your face or body a youthful, elevated look without surgery!

"Our #1 asked about procedure is under eye correction, which is great for refreshing tired-looking eyes. There's an ongoing trend with people wanting to look naturally beautiful, and both men and women are being treated younger to prevent wrinkles," Sarah says.

"I feel it's a success when people's lives are changed and improved. That's when their health, wellness, and weight loss are successful long term," says Sarah. For 2020, Arcadia Wellness Center plans to expand on the services offered, while continuing to provide great care with proven results.

Contact Arcadia Wellness Center at 480.351.3688 or www.arcadiawellnesscenter.com, 2701 E Camelback Rd, Suite #163, Phoenix, AZ 85016.