

BEYOND THE CLOTHES

Arcadia Wellness Center's Sarah Quinn knows that beauty is more than skin deep

BY LYNETTE CARRINGTON / PHOTO BY MARK MORGAN



Sarah Quinn is the owner and medical director of Arcadia Wellness Center, which just celebrated its four-year anniversary. Though she balances her boutique medical practice with a casual, yet sophisticated look, Quinn's style remains flexible to her daily tasks at hand.

"I definitely want to portray what I'm selling," Quinn says. "Some days I have networking meetings or I have days where I need to portray a professional look."

Other days, when Quinn is conducting trainings and doing injections, you'll find the professional wearing scrubs.

At home, her closet fits her busy lifestyle. With two little kids in tow, she must seamlessly switch gears from her work wardrobe to flow with the remainder of her day.

Thought she may never be "off duty," balancing motherhood and entrepreneurship, Quinn finds solace in date nights with her husband, where she slips on a simple black dress. When she wants an extra punch in her wardrobe, she'll spice her ensemble up with accessories.

"With a good luxury accessory, you can get away with anything. I like Gucci for sunglasses and Chanel for handbags. I am also loving AD and Daughters brand shoes right now," she explains.

Celebrity style icons: I love Kate Middleton's style because it is classic and sophisticated. I also admire Amal Clooney. She is a fashionable, and she is a mom, wife and successful businesswoman.

Where do you shop? I shop anywhere from Target to Ann Taylor.

How do you help your patients uncover their beauty? We find someone's inner beauty by listening to them! I had been working in a big practice seeing 40 to 50 patients a day, almost a cattle call situation. That's not the way I wanted to practice medicine. I opened Arcadia Wellness Center and see patients the way I need to see them, so I can provide the best care. We focus on aesthetics and bioidentical hormones.